

## FROM THE AUTHOR

They say money is the easiest thing to create, yet, so many of us struggle for it or live most of our lives barely making enough. If you are like me and have been studying metaphysics for a long time, you already know a great deal about reality creation and taking charge of your life. You also already know that your beliefs are the root of all your issues around money. Often these are beliefs around deserving, beliefs that money is bad or “dirty” and that wanting money means you are selfish or greedy or just not *spiritual*. These limiting beliefs are not only false, but are at the core of what hinders and blocks your ability to truly be abundant. Even with all the knowledge and wisdom you may have gleaned over the years, it is not so easy to find such beliefs and discover what keeps holding you back. That is why I wrote this

book, with the goal of being so totally immersed in your desire and goals for abundance that you begin to resonate at a whole new level.

About ten years ago, I began visualizing piles of money stacked all around the room. I repeated the same exercise every day for three weeks and started receiving checks in my mail box. In total, I received over \$15,000 in a period of only 30 days! I look back on that experience that confirmed that I know how to manifest money, but then, of course, I found myself asking, "*Why did I stop?*"

A lot of things got in the way over the years including getting lost in the busyness and the conflicts of life, but most of all, developing a lot of fears on whether it was "okay" to have an abundant, prosperous life. But now, it is all different. Regardless of what so many people may say, money is one of the more important goals in life. No matter how much we may argue, money is a life changer. If we don't have it, life can be filled with pain and struggle, but when we do have it, we can begin to have a heck of a lot of fun AND help a heck of a lot of people! This just may be the opportunity you've been looking for all this time to really turn your life into a positive direction of great wealth.

You may have heard the expression, "*It is only a belief away!*" I believe this maxim unequivocally and have seen the results in my own life as well as in that of so many others who have completed this book. Knowledge is wonderful, and we all have a lot of that, but what I and

so many others want is results. What we all want is to take that knowledge and put it to work in our lives in a positive way. What fun and satisfaction it is to consciously create success and abundance by choice!

So, I created this 30 day program to assist you in this exploration, to assist you in finding the bottom line of beliefs that you hold around money, wealth, or even success and to provide techniques and processes to assist in moving beyond all such limitations to create unlimited success.

For the next 30 days, or however long you choose, you are going to be exploring yourself and your own beliefs at a deep level. You may be very surprised at what you discover! But discovering the limiting beliefs is just the first step. Next, you need to change the beliefs and there are lots of techniques available to assist you to do just that!

You will discover that rich people are no different than the rest of us. They just hold different beliefs about money! You now have a chance to change your beliefs and give yourself permission to be more than comfortable, but to be wealthy! This course is a real eye opener and a life changer! More than that, you truly can change your money pattern and become the millionaire you were always meant to be!

My most urgent advice! Don't quit. Keep going until you complete every chapter and every exercise – even if it takes you far more than 30 days to do so. People who

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failed at this program are the ones who weren't committed in the first place or who stopped mid-stream and never finished. Don't let that be you! This is a golden opportunity to change your entire life in a positive way and all you have to do is stick to the plan!

A handwritten signature in cursive script, appearing to read "Anne", enclosed within a dashed rectangular border.