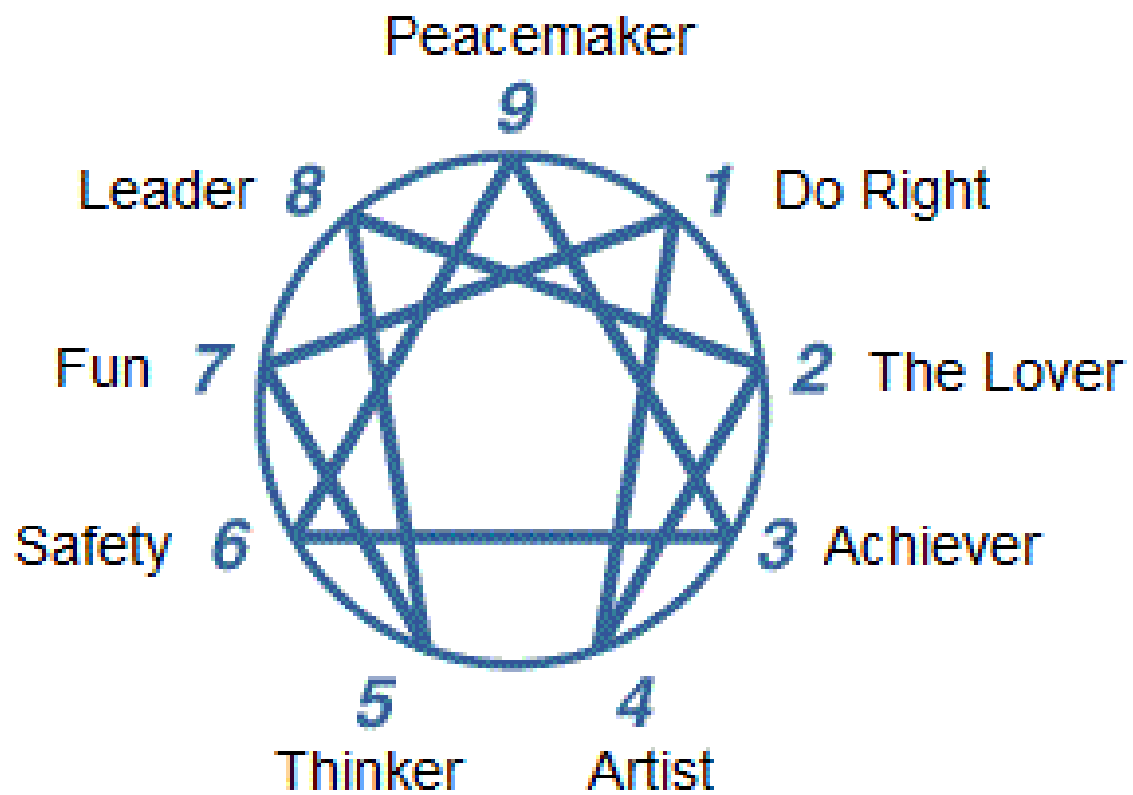


DISCOVER YOUR PERSONALITY DRIVE



DISCOVER YOUR PERSONALITY DRIVE

1: DO RIGHT or PERFECTIONIST *Parental Relationship: Neg relationship with father*

Ones develop from a negative relationship with father where they never got father's full approval. Because they never felt good enough as children, they have an acute awareness of their own imperfections. They believe they must work hard to improve the world and to do so, they must be good and right and perfect and avoid mistakes at all costs. Their inner self-critic is well developed and is both self-directed and directed at people around them who One's continuously assess and judge as falling short. Ones are angry about this, but rarely express it outwardly. Instead, it comes out as irritation and resentment. They do not respond well to criticism and intensely dislike when others point out their imperfections. If they choose to express anger, it is well thought out and justified with a list of grievances and details. One's biggest downfall, however, is they rarely have time for themselves. They are too busy sacrificing their time and effort for others, often unappreciative employers or family members who seem to ignore how overworked they are. But a One's martyrhood is self imposed as they choose to put in extra long hours and work on weekends or never take time for themselves. It is not the employer or family member who is demanding such sacrifices, but because One's see fun as the opposite of being responsible, they continue to sacrifice themselves for others - who clearly don't appreciate them. Ones have problems with repression, resistance, and aggression.

Disintegration: Self-righteous, intolerant, extremely dogmatic and inflexible. They alone know the truth and relentlessly make pronouncements from narrow forbidding absolutes. Severe judgments. Hypocritical, sometimes punishing and sadistic. By pursuing an abstract ideal without compassion, Ones finally do something so contradictory that they see themselves as failures and disintegrate to Four (Artist) with severe depression, shame, self-reproach and self-destruction.

Integration: When Ones go to Seven (Fun), they accept reality with its necessary imperfections and become more relaxed and productive. They no longer feel compelled to strive to make everything perfect, nor do they feel that they must save the world. They can finally let their hair down and start having fun, knowing they are responsible enough to take care of what needs to be done in the right time and place. Integrated One's find that life less stressful and grim. They allow things to unfold and become more joyous and more human.

Basic Fear:	Being condemned
Basic Drive:	To be right
Core emotion:	Anger
Focus of attention:	Error
Habitual thoughts:	Resentment
Blind spot:	Gray areas

DISCOVER YOUR PERSONALITY DRIVE

The Feeling Triad: Drives 2, 3 and 4

(Problems with identity and hostility)

2: THE LOVER

Parental Relationship: Ambivalent relationship with father

Twos have a great need for affection and approval. They want to be loved, protected and to feel important. Coming from an ambivalent, hot and cold relationship with father, they learned how to earn love and security by meeting other's needs. "Love" is their supreme value and they talk about it often. They are emotionally demonstrative, gushy, sometimes "too" friendly; full of good intentions. They give of themselves, give approval, attention and flattery but it has a price. Two's are doing it to be liked and approved of. Twos' fail to see their own hidden agendas and deceive themselves into believing they are truly loving "without condition", but there are lots of conditions and when those conditions are not met, Two's get very angry. Their self-deception prevents them from seeing the impact they have on other, how they are over-involved, manipulative and self-serving. Two's prefer to see themselves in only the most positive, glowing terms, seeking validation of their worth by sacrificing themselves for others. They believe that if they want to get love, they must always put others first and be loving and unselfish, but it also makes them secretly angry and resentful which are feelings they work hard to repress or deny. Twos are thoroughly convinced of their selflessness, and though they are frequently helpful, their agenda to be needed and appreciated is a turnoff to others who feel "slimed" by their ulterior motives.

Disintegration: Become intrusive and demanding. Overbearing, self-sacrificing and wearing themselves out for everyone. Possessive, jealous, resentful and bitter. Extremely self-deceptive only seeing themselves as "loving." Refuse to see how aggressive, manipulative and self-serving they are and how the strings attached, i.e., "You better appreciate me!" In full disintegration Two's move to Eight (Leader) becoming tyrannical and enraged by ungrateful treatment by others.

Integration: Two's move to Four (Artist) where they get in touch with their genuine feelings. They become emotionally honest acknowledge their aggressions and mixed motives. They realize they do not have to be "all good" in order to be loved and can reveal themselves more fully. Integrated Two's are empathic, compassionate and full of feeling for others. Genuinely caring and concerned for other's needs. Sincere, warmhearted, appreciative - giving what people really need.

Basic Fear: Of being unloved and unwanted for who they are.

Basic Drive: To be loved.

Core emotion: Pride

Focus of attention: Other people's needs

Habitual thoughts: Flattery

Blind spot: Own needs

DISCOVER YOUR PERSONALITY DRIVE

3: PERFORMER / ACHIEVER

Parental Relationship: Strong attachment to mother

Threes were children who were prized for their achievements. Performance and image were rewarded rather than emotional connections so they learned to suspend their emotions and focus their attention on "doing what guarantees love." Threes work hard for recognition and achievement and to avoid failure. They are chameleons who can perform for whatever group they find themselves in. Threes need to be validated in order to feel worthy, as a result they pursue success and want to be admired. They are frequently hard working, competitive and highly focused in pursuit of their goals. They are often "self-made" and usually find some area in which they can excel. Threes are socially competent, often extroverted, and sometimes charismatic. They know how to present themselves, are self-confident, practical, and driven. Threes have a lot of energy and often seem to embody a kind of zest for life. They are good networkers who know how to rise through the ranks. Their need to be validated for their image often hides a deep sense of shame about who they really are, a shame they unconsciously fear will be unmasked if anyone gets too close. Threes are often generous and likable, but are difficult to really know. When unhealthy, their narcissism takes an ugly turn and they can become cold blooded and ruthless in the pursuit of their goals.

Disintegration: Competitive. Constantly comparing themselves with others in search of success, status and prestige. Image-conscious; concerned with how they are perceived. Can be dishonest and phony. Want to impress others with their superiority. Constantly promote themselves and make themselves appear better than they are. Exploitative, opportunistic, untrustworthy, malicious, jealous of others. Eventually they disassociate themselves from their hostile feelings and "turn off" completely. When they go to Nine (Peacemaker), they disconnect from themselves, lose touch with their feelings and blank out.

Integration: High self-esteem; feel desirable and self-assured. Adaptable, energetic and ambitious. Integrate to Six (safety) and become committed to others - in doing so they find more value in themselves. Become more genuine and real, committing themselves to others and to their welfare.

Basic Fear: being rejected and abandoned

Basic Drive: be admired and accepted

Core emotion: deceit

Focus of attention: success

Habitual thoughts: vanity

Blind spot: failure

DISCOVER YOUR PERSONALITY DRIVE

4: ARTIST

Parental Relationship: Negative relationship with both parents

Fours maintain their identity by seeing themselves as fundamentally different from others. Fours feel that they are unlike other human beings, and consequently, no one can understand them or love them adequately. They often see themselves as uniquely talented, possessing special, one-of-a-kind gifts, but also as uniquely disadvantaged or flawed. More than any other type, Fours are acutely aware of and focused on their personal differences and deficiencies. Fours are emotionally complex and highly sensitive. They long to be understood and appreciated for their authentic selves, but easily feel misunderstood and unappreciated. They have a tendency to withdraw in the face of a world that seems harsh or crude, and are often somewhat moody or temperamental. They are emotionally focused and spend much of their lives immersed in their internal mental landscapes, where they feel free to cultivate and analyze their feelings. Negatively identified with both parents, they felt abandoned and misunderstood by them. They intensify reality through fantasy and imagination and by heightening passionate feelings. Self-absorbed, self-conscious and often shy. Self-doubting - taking everything personally; moody, easily hurt and emotionally vulnerable. Feel different from others, wanting to be special and with a desire to accomplish something special to receive the recognition they feel they deserve. They build their identities around their perception of themselves as being somehow different or unique and are thus self-consciously individualistic.

Disintegration: When dreams and fantasies fail, they become increasingly depressed, angry at themselves and alienated from others. Futile, meaningless, self-reproachful. Worthless, hopeless, often self-destructive. Disintegrate to Two (Love), becoming dependent, helpless and needy waiting for others to take care of them.

Integration: When Fours move to One (Reformer), they transcend their self-consciousness and introversion. No longer controlled by moods, they act on objective principles. Become self-disciplined rather than self-indulgent. Healthy Fours are honest with themselves: they own all of their feelings and can look at their motives, contradictions, and emotional conflicts without denying or whitewashing them. They may not necessarily like what they discover, but they do not try to rationalize their states, nor do they try to hide them from themselves or others. They are not afraid to see themselves “warts and all.”

Basic Fear: being defective or flawed.
Basic Drive: understand themselves and feel whole.
Core emotion: envy
Focus of attention: what’s missing
Habitual thoughts: melancholy
Blind spot: what’s good in the present

DISCOVER YOUR PERSONALITY DRIVE

The Fear Triad: Drives 5, 6 and 7

(Problems with insecurity and anxiety)

5: THE OBSERVER

Parental Relationship: Ambivalent toward both parents

More than any other type, Fives want to find out why things are the way they are. They want to understand how the world works, whether it is the cosmos, the microscopic world, the animal, vegetable, or mineral kingdoms or the inner world of their imaginations. They are always searching, asking questions, and delving into things in depth. They do not accept received opinions and doctrines, feeling a strong need to test the truth of most assumptions for themselves. Behind Fives' relentless pursuit of knowledge are deep insecurities about their ability to function successfully in the world. Fives feel that they do not have an ability to do things as well as others and are unsure about fitting in with others. Rather than engage directly, Fives tend to "step back" into their minds where they feel more capable. They believe that from the safety of their minds they will eventually figure out how to do things—and one day rejoin the world. Fives focus on one area to develop a degree of expertise that allows them to feel capable and connected with the world. Fives think, "I am going to find something that I can do really well, and then I will be able to meet the challenges of life. But I can't have other things distracting me or getting in the way." They therefore develop an intense focus on whatever they can master and feel secure about. They are highly analytical, intellectual and constantly dissect everything mentally. ; They are called observers because they often pull back and observe others, secretly wishing that they could fit it, but not really knowing how. Fives elevate intellect over emotion. Self-controlled, non-feeling. Non-involved. Isolated. Gain safety and security from knowledge and intellect. Driven to understanding and learning.

Disintegration:	Rejecting and repulsing social attachments; Reclusive and isolated; Secretive, eccentric and can be mentally unstable. Highly <i>antagonistic but fearful of aggressions from others. Suspicious and mentally overwrought. Paranoid. When Five's disintegrate to Seven (Fun), they become erratic, hysterical. They avoid thinking and act mindlessly. Unstable, reckless, Lose touch with reality.</i>
Integration:	Perceptive and insightful. Mentally alert, curious, acutely aware. Love learning. Independent thinkers, innovative, inventive, productive. Visionary, open-minded, pioneers. When <i>Fives' go to Eight (Leader), they act from realizing their own mastery. From their knowledge, they can act and lead others with confidence .</i>
Basic Fear:	being threatened or overwhelmed by another
Basic Drive:	understand the world around them
Core emotion:	avarice
Focus of attention:	intrusion
Habitual thoughts:	detachment
Blind spot:	present abundance

DISCOVER YOUR PERSONALITY DRIVE

6: SAFETY

Parental Relationship : Strong attachment to father

Sixes come from a strong attachment to a father who let them down at some point. As a result, they become suspicious and often untrusting, seeing the world as a threatening and unsafe place. A Six is likely to be very hesitant and cautious as they try to avoid anxious situations and guard against the risk of things going wrong. In their desire to avoid problems, Sixes tend to apply themselves to potential risks and threats in a highly analytical way. This also makes them very attuned to their environment, scanning for possible problems and challenges. They spend a great deal of time planning and figuring things out before they take action. Whether it be replacing a broken doorknob or planning a vacation, they will take their time researching and planning every move to make sure they cover every possibility of what might go wrong. Spontaneity is not in their nature. In fact, nearly any new situation or request is often met with an immediate “No.!” This is because new situations are seen as foreign and threatening until they have time to evaluate and plan how to address them. To outsiders, Sixes appear to be stubborn and negative, but they are only planning how to address each new challenge of which they have many. Sixes value security and belonging, and are seeking to be prepared and safe. When a Six finds someone to trust, they are loyal and responsible forever. They are traditionalists and team players, dutifully doing what they are told. They can become ambivalent and react against authority through passive-aggressive behavior. They can be contradictory, giving mixed messages. Procrastinators, indecisive, cautious and evasive.

Disintegration : Highly insecure; clingingly dependent and self-disparaging with acute inferiority. Low self-image. Plagued by fears; Overreactive, exaggerating problems; Can become self-punishing and masochistic; When they disintegrate to *Three* (Performer), they strike out violently at others to overcome their inferiority feelings and to hurt anyone who has hurt them.

Integration: Engaging, appealing, endearing, lovable, friendly, playful and ingratiating. Committed, loyal; cooperative, reliable, responsible, trustworthy, hardworking and dependable. When *Six's* go to *Nine* (Peacemaker), their ambivalence toward others and tendency to overact is overcome. They become supportive and reassuring. They resolve their problems with anxiety and are more peaceful, secure, generous and relaxed.

Basic Fear: being abandoned and alone

Basic Drive: be safe and secure

Core emotion: fear

Focus of attention: hazard

Habitual thoughts: doubt

Blind spot: power of authority

DISCOVER YOUR PERSONALITY DRIVE

7: FUN or EPICURE

Parental Relationship: Negative relationship with mother

Sevens come from a negative relationship with mother where they concluded that they were somehow deprived of primal nurturing. As a result, they are continually searching to be fulfilled by something outside of themselves. They have active minds and respond instantaneously to stimulation. They have a high need for mental stimulation. They want options and hate feeling that their choices are being limited or that they are being constrained in some way. Lighthearted and sunny; Often addicted to planning and play. They are adventurous, seeking nearly non-stop entertainment and amusement. They are avid consumers, acquisitive materialists and sensation seekers as they are unable to say no to themselves or deny themselves anything; They are actually fear based and their desire for constant activity and stimulation is to avoid looking too deeply at themselves or at their lives. Uninhibited, flamboyant, outrageous, often outspoken, loud and brash. They are constantly talking, often wisecracking, joking and performing to stay in high spirits.

Disintegration: Superficial, glib, excessive and extravagant; self-centered, selfish, demanding and impatient. Jaded and hardened by their lavishness and excesses yet unsatisfied. Insensitive to others; often rude and ill-mannered. Addictive tendencies. Wildly erratic, volatile, and compulsive. Grandiose and delusional. When Seven's move to One (Reformer), they try to set up some false order to control their own compulsiveness and become obsessive and vindictive.

Integration: Highly responsive, excitable and enthusiastic. Extroverts. Spontaneous, exhilarating. Happy, vivacious and stimulating. Resilient and lively. Multi-talented. Enthralled by the wonders of life. When Seven's go to Five (Thinker/Observer), they become involved with experience in depth, contributing to the environment rather than merely consuming it. They delve into experiences more deeply, comprehending more and enjoying reality on a deeper level.

Basic Fear: being deprived
Basic Drive: to be nurtured
Core Emotion: gluttony
Focus of Attention; pleasant future possibilities
Habitual Thoughts: planning
Blind Spot: actual limitations

DISCOVER YOUR PERSONALITY DRIVE

The Relating Triad: Drives 8, 9 and 1

(Problems with aggression & repression)

8: LEADER / SELF-RELIANT

Parental Relationship: Ambivalent to mother

The Eight Drive develops from an ambivalent relationship to mother who more than likely was domineering and bullying in her off moments. Learning to navigate the world through a bullying mother taught them to stand up for themselves. Only the weak get trampled! Eights act on gut instinct and make things happen. They are direct and intense which shows through their body language, the way they speak, and their choice of words. Being in control is very important. They are not afraid of conflict and will step in to sort things out and resolve problems. Eights are protective of people they feel responsible for and if anyone under their care is exploited or treated unjustly, Eights will defend and protect them. They are quick to anger, but move on quickly channeling their anger into immediate action or activity. They dislike feeling vulnerable or weak and rarely show their true emotions. Their greatest defense mechanism is denial. Eights want to dominate the environment completely by becoming forceful, aggressive and more expansive. Proud, egocentric, imposing their will and vision on everything, they arrogantly order others around as if chattel. They usually do not see people as equals or respect their needs. Eights want to hold on to their power and prevail no matter what the cost and if they don't get their way, they can be confrontational, belligerent and bullying. They relish adversarial relationships. Everything's a test of wills & they just don't back down.

Disintegration: Ruthless, violent, immoral and hardhearted. Dictatorial, tyrannical, controlling. Unhealthy Eights have dominated their environment so completely that they have made enemies of nearly everyone around them. When they move to Five (Thinking/Observer) they become paranoid about their continued survival, aware of all the enemies they have made. They become totally mistrusting and often seethe with anger at what they perceive as injustice.

Integration: Self-assertive, self-confident and strong. Action-oriented. Love a challenge, resourceful. Natural leaders, decisive, authoritative and commanding. Earn respect by being honorable, by using power constructively, by championing and protecting people. Courageous and heroic. When Eights go to Two (Love), they use their power and strength for others rather than against them. Caring, generous and personally concerned for the welfare of others. They understand the power of love rather than the love of power.

Basic Fear: submitting to others
Basic Drive: power; to be self-sufficient and self-reliant
Core Emotion: lust
Focus of Attention power
Habitual Thoughts: vengeance
Blind Spot: impact on others

DISCOVER YOUR PERSONALITY DRIVE

9: PEACEMAKER

Parental Relationships : Positive connection with both parents

Peacemakers develop from a positive connection to both parents that at some point in time, fell apart with no reprieve. As a result, Nines strive for stability and a peaceful existence. Because they were powerless to prevent the breaking of the family, however that may have occurred, they conclude they are powerless to affect or impact anyone in the world and have resigned themselves to just ride through life with as little conflict as possible. Nines control their environment through passive-aggressive behavior which can be infuriating to those around them while the Nine just stands there in disbelief pretending to not understand why others are so uptight. They are often completely unaware of their passive aggressive behavior patterns and how it affects others. Nines are marked by lack of action. These are the couch potatoes who can spend all day lying on the floor in front of the television or just staring out into space. They draw comfort from familiar routines and have little motivation or desire to change anything in their lives. “Why bother? It’s not going to make a difference anyhow.” Agreeable, conciliatory, accepting conventional roles and expectations, Nines often subordinate themselves to others too easily. They are emotionally indolent and unwilling to exert themselves. They exhibit indifference and procrastination and rarely take any action unless someone around them forces them to.

Disintegration: Begin to tune out reality, minimizing problems. Stoic, fatalistic and resigned as though nothing can be done to change anything. Looking for magical solutions without effort or response. Become repressed and helpless as well as obstinate, stubbornly denying that problems and conflicts exist or that anything is wrong. Seriously neglectful and irresponsible. If problems persist, they disassociate from it till they cannot function. When Nines go to Six (Safety), they are overwhelmed by anxiety. They overreact and become irrational and masochistic, lashing out at others while becoming more dependent on others to take care of them

Integration: When Nines go to Three (Performer/Achiever), they become interested in developing themselves and their potential. They take control of their lives instead of being complacent. Develop a sense of self becoming more self-assured, self-assertive and independent, increasing their self esteem. They are more conscious and live in the real world rather than in their idealizations.

Basic Fear:	separation
Basic Desire	find oneness and peace
Core Emotion:	sloth
Focus of Attention:	other people’s agendas
Habitual Thoughts:	self-forgetting
Blind Spot:	own agenda